



QUALITATIVE RESEARCH IN MENTAL HEALTH

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Dr. Viola Sallay, Ph.D.

Viola is a psychologist and Assistant Professor at the Institute of Psychology, University of Szeged, Hungary. She received her PhD in 2014. Her PhD thesis discussed qualitative grounded theory research of emotional self-regulation processes in the family home. Her research interests include environmental and systemic aspects of well-being, the role of environmental self-regulation in personal growth processes and the use of qualitative methodologies in well-being research. She is a clinical health psychologist and family therapist, Board Member of the European Family Therapy Association.

Publications: https://www.researchgate.net/profile/Viola_Sallay

Dr. Tamás Martos, Ph.D.

Tamás is a psychologist, full professor and head of the Personality, Clinical and Health Psychology Department at the Institute of Psychology, University of Szeged, Hungary. He received his PhD in 2010. In addition to lecturing in psychology, he serves as a psychodrama group leader and family therapist. His research interests include the role of motivational processes and goal constructs in healthy human functioning, measurement of positive psychological constructs, and systemic aspects of couple's functioning. He is a licensed clinical health psychologist and family therapist.

Publications: https://www.researchgate.net/profile/Tamas_Martos

In recent years, **Viola** and **Tamás** have been giving training, webinars, and workshops on applying the Emotional Map of the Home procedure in qualitative research and systemic therapy several times, including the University of Lausanne, Utrecht University, Association of Family Therapy (GB) and Family Therapy Association of Luxemburg.